

Hitter's Headquarters Batting Cage Rules

GENERAL RULES

- Sneakers, tennis shoes, or turf shoes only (no cleats)
- Do not swing bat or throw balls outside of cage (unless instructed to do so by a coach)
- Always be alert and aware of balls and bats around you
- Treat the facility with respect; leave the space as you found it
- No gum, seeds, drinks (other than water), food, or spitting
- Tobacco or Alcohol use is not permitted in facility
- All participants and instructors MUST have signed waiver on file

CAGE RULES

- Hitter MUST wear a helmet while in the cage
- Pitching machine operator must be at least 14 years old
- Pitching machine operator must stand behind a safety screen
- Always test pitch location before hitting
- Only one batter and one operator are allowed in batting cage when machine is in use
- Nets must be kept closed while pitching machine is operational
- Players must pick up balls when finished